

Harichand Guruchand University

North 24 Pgs- 743245
West Bengal

**Prof. (Dr.) Atiskumar
Chattopadhyay**
Registrar



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Memo No: 58/HGU/2025/REG/IDY

Date: 16.06.2025

Notification

This is to notify all concerned that **11th International Day of Yoga (IDY)- 2025** will be celebrated at Harichand Guruchand University in collaboration with P. R. Thakur Government College on **21st June, 2025 (Saturday)** from 12 noon to 3:00 p.m. in a befitting manner to promote health and wellness amongst the students and all other stakeholders of the University. The theme for International Day of Yoga (IDY)- 2025 is “Yoga for One Earth One Health” which echoes a vital truth that personal wellness and planetary health are inseparably linked. To commemorate the day and to extend the impact of Yoga the University has planned various programmes during the scheduled time.

All the students are hereby informed to participate actively, and take it very seriously as a part of the academic assignments, so as to make the event a grand success.

This notification has been issued with the kind approval of the Hon'ble Vice-Chancellor.


Sd/-
Registrar
Harichand Guruchand University

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Copy forwarded for necessary information to:

- 1) The Hon'ble Vice-Chancellor, H.G.U., for his kind information
- 2) The Controller of Examinations, H.G.U.
- 3) The Finance Officer, H.G.U.
- 4) The Officer-in-Charge, P. R. Thakur Government College
- 5) The Coordinators, Dept. of Bengali/Education/History/JMC, requested to inform all the students & teachers of their respective department and assured their presence
- 6) University Website
- 7) University Guard File


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24 Pgs. (N), PIN-743245, W.B.